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POWER CIRCUIT

VOLUME 68

NUMBER 8

AUGUST 2009

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VERDIGRIS VALLEY ELECTRIC COOPERATIVE, INC.®



Touchstone Energy®

Published for the members of Verdigris Valley Electric Cooperative

Summer has its Advantages

August may bring a new school year – sorry kids – but the heat of summer doesn't give the impression it's ready to leave and let the cooler temperatures of autumn make an appearance.

So although summer's carefree days are numbered, we won't be changing our lifestyles for a few more weeks.

Our air conditioners are still going to work to beat the heat and keep our homes comfortable, and we're still going to tell the kids to close the doors because they're letting all the cool air out. And we're going to wonder about the effects of all this hot weather on our electric bills.

Well, if there is one thing we know about Oklahoma, it's that we can't change the weather. But you can make changes to your home and lifestyle that will help you live more efficiently.

The best way to find out what you can do, is to have an energy audit on your home. Our energy auditor Chub Brewer visits your home to gather data, along with visiting with you to learn about your lifestyle.

He will share information and recommendations that can improve your energy efficiency so you're getting more for your energy dollars.

You can read more about our energy audits on page 6.

Yeah, summer can be uncomfortable, but it can also be fun. Consider taking a few days off of work to take the kids to the local swimming pool or the family to the lake. There are good fishin' holes scattered all across our service territory, and great memories can be made with family members from each generation while sitting on the bank waiting for a nibble on the fishing line. Get a big bucket of buttery popcorn, sit in a cool dark theatre and escape to another world while watching a popular movie. Whatever you choose to do, just don't waste these last days of summer. In a few months, a warm sunny day will sound great. 

Kay Rabbitt-Brower
Editor

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VVEC Headquarters

8901 E. 146th Street N., Collinsville

Mailing address

P.O. Box 219, Collinsville, OK 74021

Phone number

(918) 371-2584 or 1-800-870-5948

Office hours

7:30 a.m. to 4:00 p.m.,
Monday through Friday

Editor - Kay Rabbitt-Brower

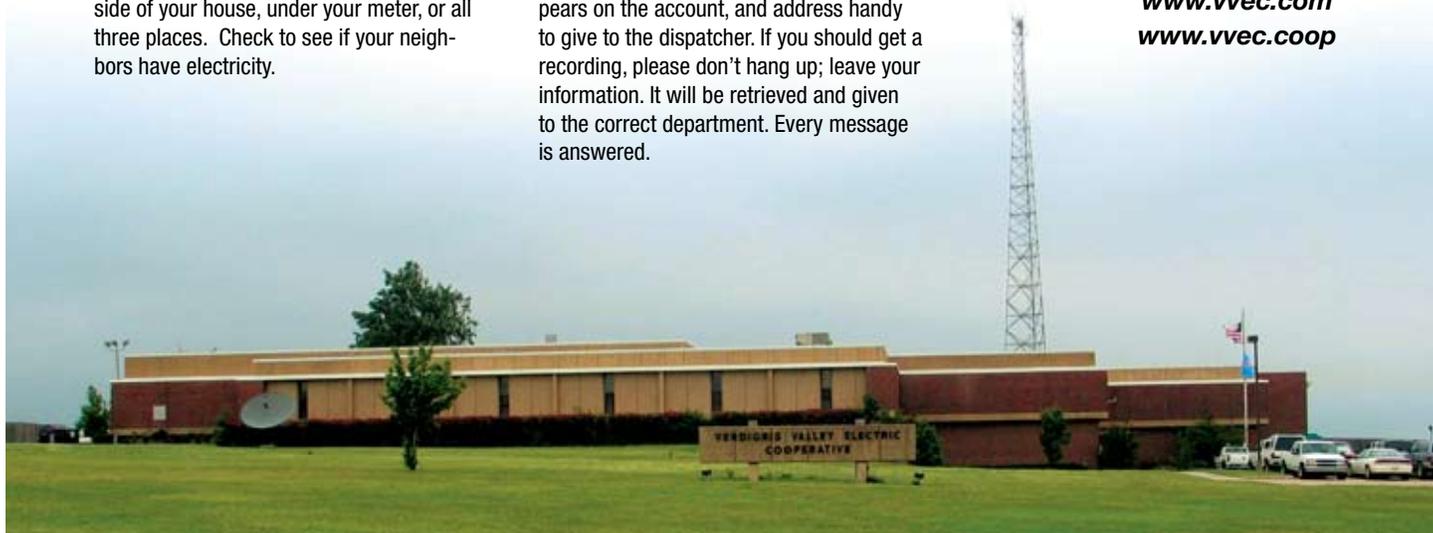
What to do if Your Power Goes Off

1. Check your fuses or circuit breakers. Every service is different. You may have fuses or circuit breakers in your house, on the side of your house, under your meter, or all three places. Check to see if your neighbors have electricity.
2. Call the Co-op at 371-2584, or 1-800-870-5948 if the call is long distance for you. Have your account number, name as it appears on the account, and address handy to give to the dispatcher. If you should get a recording, please don't hang up; leave your information. It will be retrieved and given to the correct department. Every message is answered.

Visit us on the Internet at:

www.vvec.com

www.vvec.coop



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You can Still Help 'Beat the Peak'

Since there is still a lot of summer left, there is still time to participate in our 'Beat the Peak' program.

The 'Beat the Peak' program allows us to contact you via a text message to your cell phone or by E-mail to let you know you need to reduce your electric usage during the 'peak' times of the day.

"We will send out brief text messages on those days when temperatures are going to cause electric demand to go up, and when we need members to reduce their individual electric usage," says program coordinator Paula Lanni.

Peak usage times typically occur in the summer from 4 to 8 p.m. and in the winter from 6 to 9 a.m., and 4 to 8 p.m.

"Member demand for electricity

August Calendar

Aug. 22 Washington Co. American Red Cross Run for Relief

Area schools start this month – be careful in school zones and bus stops

If you have an event you would like to appear in the calendar, send written information to Power Circuit Editor, P.O. Box 219, Collinsville, OK 74021. Include the date(s), time, location, and a telephone number. Information must be received by the 10th of the month preceding the event.

Beat the Peak

Notification Information

Name _____

Address _____

VVEC Account Number _____

Notification Method

Please enter the notification information for the method you would like VVEC to use in contacting you to 'Beat the Peak.'

E-Mail Address _____

Cell Phone _____

during peak times impacts VVEC's purchase cost the remainder of the year," explains Lanni. "So we want to reduce that demand."

"This is where we need the members' help," she says.

"We are asking our members to give us their E-mail addresses or cell phone numbers for text messaging so we can contact them on those days when the temperatures are going to cause demand to go up. Our messages will be brief, and will simply let them know they need to reduce their electric usage during a specific time.

"We aren't asking members to make drastic changes, instead we'll be asking them to do things such as

delay running the dishwasher or clothes washer until after 8 p.m., or to raise the temperature on their thermostat a couple of degrees."

The VVEC Web site will also have a bulletin notifying members it is a peak day and reminding them to conserve energy during the peak periods.

If you would like to participate in the Beat the Peak program, please complete the form above and return it to:

Paula Lanni
VVEC
P.O. Box 219
Collinsville, OK 74021

On the Cover –

VVEC Energy Auditor Chub Brewer sketches the design of Bob and Marlene Duppong's Owasso home as he begins an energy audit the Duppongs requested. Once completed, the audit will help the couple pinpoint their home's energy strengths and weaknesses. Brewer can make recommendations to improve their energy efficiency and help them determine the payback period for any improvements they might make.

A Familiar Face

Long-time Employee Accepts New Responsibilities in Member Services Department

The face is familiar, but the job is new.

Long-time employee Paula Lanni

is VVEC's new legislative liaison and member services representative in the member services department.



Paula Lanni, VVEC's new legislative liaison and member services representative, shows Chub Brewer, member services rep and energy auditor, a new home energy saving guide. Lanni arranged for the flat screen television behind the pair to be installed in the co-op's lobby to broadcast Touchstone Energy-sponsored information on safety. She hopes to produce spots hosted by VVEC personnel on energy conservation, billing, and member and consumer services which will also be available for viewing in the lobby.

Lanni began her career at VVEC in 1996 as a switchboard operator. She has served as customer service representative, collections clerk, and consumer services supervisor.

In her new position, Lanni works closely with area legislators to keep them up to date on co-op activities, including outages, and to serve as a resource for them when they consider legislation that could affect the co-op and/or its members, or electric utilities.

She also oversees the co-op's new rebate, and 'Beat the Peak' programs, along with Youth Tour, YouthPower Energy Camp, Adopt-A-School, Special Olympics, and the Rural Fire Department Grant programs.

She works with fellow department members Chub Brewer and Jane Van Sickle to plan and execute member meetings such as district and annual meetings.

She also works with area chambers of commerce to help their development efforts and to promote this portion of Green Country.

Lanni is a graduate of Owasso High School and attended Tulsa Community College and OSU. She and her husband Bruce, who is a contractor, live in Collinsville. They have two children – Marissa, 21, and Austin, 16.

She enjoys reading suspense novels, working in her flower garden and is a self-described 'huge movie buff'.

"But my favorite pastime is shopping with my mother and my daughter," she laughs.

Lanni embraces her new position with the same optimistic approach she has to life.

"I enjoy helping the members and working with them," she says. "They are nice people and it's rewarding to be able to answer their questions, or help them take advantage of one of our programs or services. Over the years, I've developed relationships with some of them and they are just the nicest folks." 

Clarification

Charges on Bill Aren't New; Just Itemized

"They aren't new charges," says Lori Prock, VVEC billing coordinator, when discussing charges listed in the 'Current Bill Information' section of your monthly bill. "We are simply itemizing charges which in the past have been bundled together under the line item called energy charge."

Prock says itemizing the charges is in response to member questions about that portion of the bill. "Members call wanting to know what that charge is, so we feel it would be helpful to them to clarify that charge."

She goes on to say nothing about those charges has changed, except how it is listed on your bill.

"We still calculate those charges the same way, and again, they aren't new," she explains.

The charge is comprised of a single **energy charge** that is calculated by the number of kilowatts used during that billing period multiplied by the member's rate schedule; the **power cost adjustment** which can fluctuate depending on what VVEC pays for the electricity it buys from KAMO Power; the **gross receipts tax**, which is mandated by the State of Oklahoma, and is 2% of the bill; and the **customer charge** which is the minimum charge for having a meter, etc.

If you have a security light, that amount - \$6.56 per month - will be listed here also.

Prock encourages anyone with questions about his or her electric bill to call the consumer representatives at (918) 371-2584 between 7:30 a.m. and 4 p.m., Monday through Friday. 

VVEC VERDIGRIS VALLEY ELECTRIC COOPERATIVE, INC. **Touchstone Energy**

PO Box 219
Collinsville OK 74021-0219

Questions and concerns call:
Office Hours: 7:30 AM - 4:00 PM Monday - Friday
Day or Night: 918-371-2584 1-800-870-5948
WWW.VVEC.COOP

JOHN DOE
12345 MAIN STREET
COLLINSVILLE OK 74021

KWh Usage History	
JUL	2448
JUN	1813
MAY	1741
APR	2072
MAR	2289
FEB	3162
JAN	4269
DEC	2568
NOV	1599
OCT	2846
SEP	2562
AUG	2238
JUL	2089

KWH Used One Year Ago	Amount Billed One Year Ago
2008	178.49

Account No.	Bill Date	Service Address	Service From	To	Days	Bill Type
999999999	07/10/2009	12345 MAIN STREET	06/02/2009	07/05/2009	33	REGULAR

Meter Number	Prev Read	Pres Read	Mult	KWH Used	Rate Schedule / Reference	PCA Per KWH includes SA
99999999	15326	17774	1.0	2448	1 / RESIDENTIAL	0.9220919

Activity Since Last Bill	\$ Amount	Current Bill Information	\$ Amount
Previous Balance	182.16	ENERGY CHARGE	170.42
Payments	-182.16	POWER COST ADJUSTMENT	54.08
Other Adjustments	0.00	CUSTOMER CHARGE	12.00
Balance Prior to this Billing	0.00	GROSS RECEIPTS TAX	4.73
Total Amount Due Now			241.23
Total Amount Due After 08/01/2009			241.23

RETURN THIS PORTION WITH YOUR PAYMENT
DO NOT STAPLE OR FOLD
Make payable to VVEC. Write account number on your check.

STATEMENT IS PAYABLE UPON RECEIPT

Account #: 999999999
JOHN DOE
Amount Due: \$241.23
Amount Due After 08/01/2009: \$241.23
Amount Enclosed: _____

Indicate change of address/phone number here:

Mailing Address			
City	State	Zip	
Location Phone Number		Other Phone Number	

VERDIGRIS VALLEY ELECTRIC COOP. INC.
PO BOX 219
COLLINSVILLE OK 74021-0219

Convenient Ways to Pay Your Bill

Here are some hassle-free ways to pay your monthly electric bill -

- Web site - www.VVEC.com
- Co-op Office
- Night Drop
- Mail
- By phone through ChoicePay (\$3.95 convenience fee per \$300 payment)
- Automatic Funds Transfer (check, credit card, or savings account)

Improve Your Home's Efficiency with an Energy Audit

Today everyone is paying attention to how they're spending their money, including their energy dollars.

One of the best ways to learn where your energy dollars are going is to have an energy audit performed on your home.

VVEC Energy Auditor Chub Brewer conducts the audit on site. "There are

a lot of factors that go into providing an energy audit that's helpful to the homeowner," he explains.

Brewer says he inspects and measures the home, its doors and windows, roof and insulation. He notes what type of exterior the home has, such as brick or siding, along with the home's age, and what type of heating and air condi-

tioning system it has, and the system's age and condition.

Brewer says not all of your home's efficiency is based on its structure and age.

"I also visit with members about their lifestyle, because that affects how they use their electricity," he explains. "I need to know such things as how many people live in the home, and specific usage indicators such as what temperature their water heater is set on, how many meals are prepared, how many televisions are in use."

Brewer inspects the home's attic to take a look at the insulation and to determine its R-value, and he uses a thermal camera to learn how 'tight' the windows are and if any air is escaping around them.

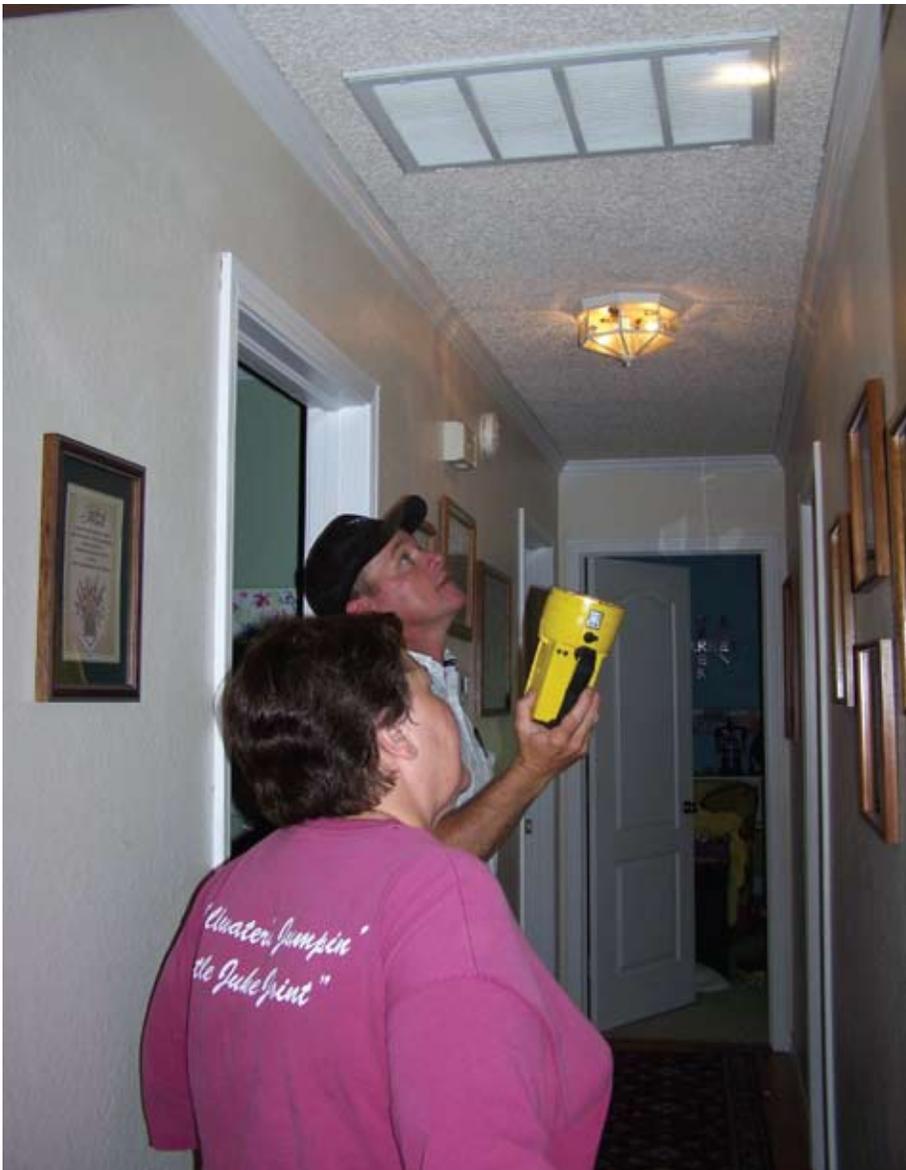
Once Brewer completes the on-site portion, he then inputs the data into VVEC's energy audit software program.

"This tells us the home's energy strengths and weaknesses, and allows me to make recommendations that could improve the home's efficiency. It will also give the homeowner an idea of the payback period on those improvements," he says.

There is a \$50 charge for the audit which is included on the member's monthly electric bill.

"I give the member an energy efficiency kit which pretty much pays for the audit. The kit includes a water heater wrap, hot water pipe wrap, five CFL light bulbs, insulation kits for electrical outlets and wall switches, a low-flow shower head, caulk and weather stripping."

To schedule an energy audit, call our member services department at (918) 371-2584. 



VVEC Energy Auditor Chub Brewer discusses the return air filter with homeowner Marlene Duppong as he performs an energy audit on Duppong's Owasso home.



From a Friend's Kitchen

Cool and Quick

We may be sweating into the last weeks of summer, but it's still definitely summer out there. It's too hot to spend time cooking over the stove or the grill, and it's too hot to eat very much.

We're all looking for something cool and refreshing, and that's why I think you'll enjoy this month's recipe.

It calls for cantaloupe and watermelon – hard to get cooler and more refreshing than those.

Then you add delicious grapes. You can use the grapes of your choice, or mix them up. And the recipe makes its own version of honey mustard dressing.

It's colorful, easy to make and most of all, chilled. It's also an easy recipe to double if your family wants more or if you need to take something to a covered dish event.

Remember to drink a lot of water, and check on neighbors and family members in this heat. And remember to make sure outdoor pets and animals have access to shade and water. 

Kay Rabbitt-Brower

Melon Grape Salad

1 cup of cantaloupe, cubed
 1 cup of watermelon, cubed and seeded
 2 cups of seedless grapes
 5 Tbsp. of lime juice
 ½ cup of honey
 2 Tbsp. of Dijon mustard

Toss the melons and grapes with 1 tablespoon of the lime juice, place in a serving bowl and chill, covered.

Once ready to serve, pour out the liquid, then dry out the serving bowl.

Whisk together the remaining lime juice, honey and Dijon mustard.

Toss with the fruit and serve.

Everything Goes

Hay – prairie, sq. or 4'x5' rnd., grass - 4'x5' rnd., custom baling, md. or sq., 371-5743.

Baby swing, jumper, high chair, 2 infant car seats, EC, \$90, 847-2191.

XL Glider exercise machine, \$50; Cosco umbrella stroller, \$10; Safety First high chair, straps to dining chair, \$5; Funsport portacrib in carrying bag, \$50; front-facing car seat w/adjustable 5-pt. harness, tether strap, pillow, instruction manual; booster seat for child 22-80 lbs., all from smoke-free and pet free home, 237-8111.

Brand new, matching 5-burner gas cooktop stove, hood, oven & dishwasher, \$500, 520-1589.

Used Michelin tires – XW4 P 225/60R16/975, LT 235/85R16 radial XPS R1B, make an offer, 272-2659.

Hay – good quality horse & cattle hay, 4'x5.5' rnd. bales, net wrapped, not rained on, 341-4103.

Wheat straw, chemical free, super clean, 371-1871.

Kenmore All-in-One laundry system, washer/dryer combination, for apartment, 66" tall by 24" wide, EC, \$500, 283-1003.

Wedding cake-style steps for above ground pool, \$125, 242-3416.

Twin bunk bed sets, 1 is white w/light wood color & matching chest, 1 is solid wood, both w/built-in desks, drawers, chairs & ladders, \$600 ea., 342-8008.

Astro topper, red, fits 1999-2007 short bed Ford, \$750 OBO; chrome headache rack for 1990s model Ford, \$50 OBO; EDGE chip (safebox) for Ford 7.3 powerstroke, \$300 OBO, 760-0307.

Sports memorabilia, football & baseball cards, NASCAR, over 800 issues of Sports Illustrated & other books & magazines from 1983 to 2008, others, \$500 OBO, 381-1132.

Honey business equipment – 5 never used bee hive bodies, 1 helmet, 2 mesh covers, 1 pr. gloves, 1 electric knife, 1 frame grip, 1 Kelly tool, burlap for smoking, 1 smoker, 1 honey feeder, frame nails, bucket opener tool; 1 trampoline, 283-1395.

Gas stove, EC, \$150. 371-0195.

Hay – big rnd. bales of prairie or mixed grass, 396-2206.

Exercise bike, semi-recline w/tension control, electronic computer, \$50, 341-1085.

Kenmore Elite gas dryer, white, \$100; oak entertainment center, EC, \$350; old Curtis-Mathis stereo-TV-radio (only radio works), nice cabinet, \$60; VHS videos, reg. 2 for \$1, Disney \$1; Fiesta china 2000 Millennium pitcher & 4 tumblers, collectors issue, \$125, 341-6755.

\$1,000 Best Buy gift card, \$850, 582-2074.

50-gal. propane hot water tank, less than 1 yr. old, \$250, 520-3106.

Yamaha console piano, almost new, \$3,200, 376-2369.

Hay – sq.bales, sprayed bluestem, delivery available; butcher beef, home-raised, corn-fed, 1/4, 1/2 or whole available, 671-7591.

JVC digital video camera w/accessories, used once, \$200, 232-3550.

Large cedar armoire, on wheels, \$150; lg. maple dresser, mirror, 2 doors, 8 drawers, \$150; lg. antique hand-painted, double-globe lamp, \$100, 609-6212.

FREE swingset, needs repair, you disassemble & take home, 808-3166.

Never used Windows XP, ceiling fan, EC, radio speakers, GC, gliding rocking chair, EC, 639-8254.

Dining room table, 5' long, oak top, bench & 4 chairs, GC, 467-3574 after 5 p.m.

Size 46 suits, matching pants size 42W, 32L, 1 sage, 1 navy blue, EC, \$20 ea.; FREE 29" Philips TV w/remote & user manual, 609-5497.

Western saddles, adult sizes \$145 & up; youth/pony sizes, \$135 & up; new & used, many to choose from, lots of misc. tack, saddle pads, saddle racks, bridles, breast collars, colt training equipment, etc., 698-7106.

Kenmore 16 cu. ft. frostless freezer, \$100, 639-4207.

Baseball, basketball, football & some hockey collection, 693-5182.

Thomas the Tank Engine bed, (needs crib mattress) w/sheets & comforter, toy box, table & chairs, \$350, lots of other Thomas stuff; heavy duty baby crib, solid wood, makes into toddler bed, drawer underneath, \$200, 798-2352.

Ford Duley tire & wheel, EC, \$125; 8-hole tire & wheel, EC, \$100, both tires have excellent tread, 341-7465.

Black undercover truck bed cover, for 2000-2006 Chevy or GMC short bed pickup, \$500 OBO, 605-2487.

Precious Moments figurines, in original boxes, some retired, Birthday Club, 520-5367.

Seven aluminum windows, \$8 ea., 698-3488.

Rare, original Bartlesville Indian Territory solid plain bricks, stamped 'Bartlesville, I.T.' made from 1897, \$10 ea., 331-6044.

Natural finish twin bunk beds, w/1 bunkie board, 1 mattress, rails & ladder, EC, \$250; Snapper riding mower w/30" front deck, 10 hp rear engine, runs good, \$500; gas-powered edger, \$25; gas-powered Weed Eater, \$25, 343-1092.

Genuine Crump show harness, black w/red pinstripe, EC, \$1,500 or trade; 17" English saddle, 48" girth, fleece pad & 2 schooling pads, \$100, 845-5978.

Hay – about 400 sq. bales prairie hay, sprayed, 16x18, in barn, you load. \$2.75 ea., 371-9352.

14" Lamb barrel saddle, \$400; 15" new Santa Fe barrel saddle, \$500; Visa & MC accepted, 706-1931.

Amana clothes dryer, 10 yrs. old, instruction book available, GC, 396-7437.

NordiTrac treadmill, reclines & collapses for storage, \$200; 8 Quadrajet 4 block carburetor, \$20 ea.; youth training water skis, \$40, 396-1296.

Rear bumpers for 2000 & 2004 F-150, \$200 ea. OBO; tail gates for 2000 & 2004 Ford F-150, \$200 ea. OBO; red wood siding, 8', about 1,500 BF, 75¢ per BF OBO, 396-9779.

Rebuilt 1993 Ford pickup transmission, \$600; 3 GM Power Glide transmissions; 2 portable basketball goals, \$75 ea.; 46" RCA big screen TV, needs tube alignment, \$150, 639-6823.

Cars & Trucks

2000 Chevy 3/4-ton truck, V8, auto, w/tool box, regular cab, \$2,100 OBO, 586-6203.

1998 Ford box van, V10 engine, slide-out ramp, good tires, 130K miles, runs good, \$4,650, 637-6797.

1995 F-350 XLT, double cab, 4x4, V8, auto, hide-a-ball GC., 130K miles, cold AC, \$4,700 OBO, 396-3724.

1996 Dodge Dakota pickup, ext. cab, long bed, 1 owner, runs good, \$1,500 OBO, 341-5553.

2000 VW Jetta VR6, black, leather seats, sunroof, remote unlock/alarm, aluminum wheels, car is in good condition, but engine needs to be rebuilt or replaced, \$990, 695-3632.

1998 GMC work truck, V6, 20+ MPG, 166K miles, 1 owner, EC, \$3,450, 396-3796.

1998 Toyota Camry CE, pw, ps, pl, cruise, cold AC, 180K miles, \$4,900, 443-2277.

1998 Pontiac Montana Transport, very clean, 3 rows of seats, new motor, \$2,000 or trade for nice car, 343-1925.

1973 Ford F-250 welding truck, 4x4, low mileage on rebuilt engine, w/Lincoln pipeliner welder, \$3,250, 273-8094.

1993 Lexus SC300 coupe, auto, dark red, sunroof, leather, all power, ABS, EC, \$7,000 after 7 p.m., 336-0949.

1997 Ford Ranger pickup, 4 speed, manual, good tires, 1 owner, 87K miles, \$3,259, 343-1092.

1997 Chevy Suburban LT, 5.7 liter engine, V8, FI Vortec engine, 18 MPG, 2WD, cruise, tilt, front & rear climate control, AM/FM, cassette, alarm, leather, Anaheim conversion pkg., class 3 tow hitch, 205K miles, \$2,700, www.TheClays.com, 841-6444.

1987 Chevy pickup, never wrecked, no rust on body, farm used, needs head gasket, \$500 or make offer, 845-5978.

2008 GMC Acadia, White Diamond, all wheel drive, loaded, EC, \$34,500; 2006 Toyota Tacoma, white, TRD Sport, loaded, EC, \$23,000, 846-2873.

1982 Chevy Silverado, 350/350 auto, tinted windows, power/AC, Rallye rims, LWB, \$800; 1985 LWB cab & frame, \$150; 1969 Chevy cab, 3-sp. column, no AC, \$150; 1990 Buick Century, 4-dr., 3300, 6-cyl., auto, parts car, \$250; 1991 Buick Century, 4-dr., 3300, 6-cyl., auto, \$1,100; 1993 Pontiac Bonneville, 4-dr., 3800, 6-cyl., parts car, good motor & transmission, \$350, 396-1296.

1992 Mercedes SEL 500, new hoses, wiring, timing chain, brakes, tires & more, 126,584 miles, \$5,675 OBO, 396-9779.

CLASSIFIEDS

1962 Chevy II 4-dr. project car, \$1,500; 1985 Ford F-250 diesel, \$2,000 OBO; 1993 Chevy conversion van, needs transmission, \$1,100 OBO; 1974 Chevy 1-ton pickup, \$1,900 OBO; 1989 Nissan flatbed pickup, \$1,500; 1988 GMC pickup, 4x4 w/rack, \$1,900 OBO, 639-6823.

1994 Buick Park Avenue, leather, non-smoker, GC, \$2,000., 341-7465.

Equipment

International twine hay baler, 5'x5' rnd. bales, \$800; side delivery hay rake, \$500; hay swather, \$500, 724-1163.

Six-foot Flail mower 3-pt. hookup, \$350; Craftsman precision miter box, 20" cut, \$30, 272-5796.

Trailer tongue locks, fits bulldog-style hitch, heavily constructed, \$30 ea., 333-1892.

Hesston 5800 5'x6' rnd. baler, electric tie, \$1,000, 255-6475.

Atwoods yard waste management system, 5/14 chipper/shredder, 5 hp Briggs & Stratton engine, EC, \$300, 266-1806.

1953 Massey 135, \$2,250; small EOS compressor, \$150; 42"-46" lawn mowers, 341-6222.

Hobart meat saw, extra blades, GC, \$800; heavy duty low profile transmission jack, \$150, 514-7773.

2002 Towlite 3-horse slant trailer, EC, \$3,500, 847-2191.

International 430 sq. hay baler, wire tie, 273-3154.

500-gal. propane tank, you haul, EC, \$500, 504-3014.

Dayton winch, 12-volt, 3,500 lb., \$100, 639-4207.

3.5 hp Briggs & Stratton, \$100, 467-3471.

DeWalt thickness planer, extra blades, EC, \$275; 20" push/trim mower, \$50; Palm air nailer, L. N., \$90; RCBS reloading equipment press, dies, 357-300 win mag powder, shell tumbler, books, etc. will consider trade, 371-9352.

Box blade, \$400; 7-piece DeWalt 18-volt cordless combo tool kit w/bag, \$400; 10" wood planer w/table, \$150, 697-6112.

Craftsman 8.5 hp chipper/shredder, cuts up to 3" limbs, EC, \$275, 342-2429.

S&H fully-enclosed trailer, 6'x16'x7', \$5,500, 846-2873.

John Deere 4020 diesel tractor, w/loader, 15' Rhino brush hog, \$11,000 OBO, 698-0072.

John Deere L120 riding mower, 48" cut, 20 hp, EC, will consider trade; horse hay ring, \$195, 283-2777.

Livestock

APHA stallion, barrel mare, 273-3659.

Brangus bulls, gentle, fertility tested, delivery available, \$1,500, 695-2357.

Nanny goats, Boers & Spanish goats, great brush clearers, \$70 ea., 510-8832.

4-yr.-old APHA Overo stallion, loud colored, good disposition, good looking, \$2,500; APHA Overos, AQHA fillies, \$300/\$400 ea., 273-9936.

Haflinger mare, 5 yrs. old, bred to Jack donkey, \$650 or trade for equal value; 1 Jack donkey, \$100 or trade for equal value; 11-yr.-old buckskin gelding, good broke ranch-type horse, \$3,000, 408-5040.

APHA sorrel paint filly, foaled 9-12-08, imprinted, trots in hand, loads, longes, clips, lies down on command & lots more, fantastic show filly, \$5,000 or trade, 845-5978.

White giant chickens, hatched 4-1-09, 20 pullet & roosters, lay lg. brown eggs, rare, \$8 ea., 371-9352.

Throughbred bay mare, 12 yrs. old, good brood mare or pleasure horse, \$1,100; 5-yr.-old Throughbred mare, green broke, \$2,000; full-blood Limousin bulls, 13-months old, 18 months old, red, 396-1296.

Foundation Quarter horses, 1 to 3 yrs. old, duns, sorrels, grays, paints, \$200 and up; Longhorn bull, \$300; roping steers & calves, 698-0072.

Angus bulls, 4 mos. old, 695-4274.

Pets

FREE - 4-yr.-old male Pomeranian, 20 lbs., no papers, but full-blood, loving & playful, must find new home due to children's allergies, 335-2871.

Green Cheek parakeets, Lineolated parakeets, Ring Neck parakeets, some handfed, some pairs, 1 pr. Mealy Amazons, 2 prs. of Canaries, 242-3408 after 6 p.m.

Heeler puppies, blue, red & tri-color, born 6-23-09, working parents, beautiful markings, docked tails, same bloodline for 17 years, 245-3255.

AKC Chihuahua puppies, 1 blk. & white male, 1 grey female, born 7-6-09, \$250 ea.; 3 puppies, 1/2 Rat Terrier & 1/2 Chihuahua, born 7-3-09, \$100 ea., 396-2050.

FREE - barn cats, assorted sizes & colors, 371-9717.

FREE - Boxer-mix puppies to good & loving home, 3 males & 1 female, born in June, 407-0661.

FREE - 3-yr.-old female Great Dane to good home, well mannered, was told she couldn't have puppies, but also have 3 female puppies left, 1/2 Great Dane, 1/2 unknown, 855-0022.

Free - 2-yr.-old male Spaniel, neutered, & 3-mo.-old male 3/4 Walker & 1/4 Huskie to good home, 697-9901.

Registered puppies - Welch Corgis or Boston Terriers, \$250; Boxer, \$250; Jack Russells, \$125; all wormed & shots, pair of sable Welch Corgis, breeder, 4 yrs. old, brindle female Boxer, 3 yrs. old, nice pet, \$125, 335-1322.

AKC Yorkie puppies, born 6-22-09, 2 females, 2 males, shots & wormed, 798-2352.

FREE - Great Pyrenees female, 2.5 yrs. old, white, full-blood, no papers, shorts, Heartguard Frontline, not spayed, 520-5367.

Quaker parrots, hand-fed, green, \$150 ea., blue, \$275 ea., cages from \$5 ea., or buy everything (30 plus) for \$3,500, trades considered; New Zealand White rabbits, great for pets or meat, babies born this Spring, \$10 ea., www.TheClays.com, 841-6066.

Australian Shepherds, Visa & MC accepted, www.fifteenacrefarms.com, 706-1931.

Real Estate

276 acres prime hunting land, northern Craig Co., includes 80 acres of farm ground, creek & lg. timber, would make excellent high fence habitat, buy 40 acres or more for \$1,300/acres or all for \$1,200/acre, 467-0081.

Bowring fixer-upper, 2 trailers on 4 lots, have current titles for both trailers, no financing available, cash sale only, \$19,900 OBO, 335-1312.

RENT - nice 2 BDR mobile home on 1 acre in Skiatook, covered, attached carport, sunroom, cellar, dining room w/lg. utility area, utility ready w/stove & refrigerator, \$500/mo. w/first & last months up front, 396-2875.

45 acres, 371-5211.

RENT - 2 BDR, 2 BA, recently remodeled 16'x68' mobile home, new roof, vinyl siding, vinyl windows, tile, carpet, washer, dryer & dishwasher, gas stove, refrigerator, garbage disposal, vaulted ceilings, very secluded on 5 acres with landlord's house, NE of Claremore in Sequoyah school district, includes electric, propane, water, sewer, trash, DirecTV, satellite Internet, park-like setting w/a pond, prefer retired person or couple, \$400 deposit, \$950/mo., renter only pays for phone, 521-2540.

2001 Solitaire 16'x80' mobile home to be moved, 3 BDR, 2 BA, new wood flooring in kitchen & living room, all appliances included, \$27,500, 637-4891.

Priced reduced on 2002 Solitaire doublewide, must be moved, 3 BDR, plus office, 2.5 BA, huge great room, tape & textured walls, total electric, brick fireplace, very lg. kitchen w/lots of storage, oak cabinets throughout, \$58,900, 241-8135.

Home on 10 acres near Oologah Lake, 3 BDR, 1 BA, 40'x60' shop, \$189,900, 639-4207.

1.33 acre lot, no mobiles, near Claremore, Sequoyah schools, \$16,000, 605-2487.

Multi-family residential lots, Claremore schools, near RSU campus, shops & restaurants, 6,750 sq. ft., \$30,000; 2 BDR, 1 BA, 950 sq. ft. home in Tulsa across from Cleveland Middle School, \$65,000, 698-3488.

RENT - horse pasture, 536-4215.

Lodge-style home on 45 acres, 4,710 sq. ft., w/12 acre lake, 5 miles SE of Bartlesville, 331-6044.

40 acres w/3 BDR, 2 BA, 1.5 story brick home, private drive, improved grasses, in Nowata Co., \$209,000; 3 BDR brick home & 5 to 40 acres for lease NW of Talala, available Oct. 1, 273-8094.

2.5 acres, 2.5 miles east of Hwy. 169 on 106th St. N. in Owasso, utilities, no trailer, \$95,000, 232-8665.

RVs & Boats

Sun Dolphin V paddle boat, 4 seater, used twice, \$300, 273-3698.

2005 32" Montana Mountaineer 5th wheel, 3 slides, brand new flat screen TV & stereo system, EC, 245-0070.

14' flat bottom boat, trolling motor, locator, on trailer, \$750, 341-4385.

CLASSIFIEDS

1996 Gulfstream Conquest, 27' 5th wheel, w/slide out, sleeps 6, hitch set-up for truck bed included, GC, \$8,500, 855-7808.

2001 Kawasaki Concours motorcycle, extra tall Rifle windshield, 1.5 risers on handlebar, new tires, good touring bike, 25K miles, \$3,995, 640-9160.

1983 Bass Tracker boat, w/1983 75 hp Mercury motor, needs battery, \$2,300; 1986 Harley Davidson Sportster motorcycle, 1,100cc, \$3,400; 1972 Triumph 650cc, needs work, \$2,000; 2002 Suzuki RM 250, \$1,400; 1981 Yamaha SR 500, low miles, \$1,000; 2 Honda 450s, \$1,000/both; 1977 Suzuki SP370, \$400; 1974 Honda CR 250, \$350; 3 Honda Scramblers, 305, \$1,200 for all, 521-4227.

2004 Kawasaki 85cc race bike, monster graphics, fast bike, \$1,400, 292-9031.

1972 16' fiberglass fishing boat, runs great, missing seats, \$650, 639-6823.

1997 Seahawk by Gulfstream, 36', gooseneck hook-up, 4 season, 2 slides, 2 AC, skirting lots of storage, new hardwood floor, beautiful wood cabinetry, complete w/linens, dishes, cookware, etc. EC, \$12,000; 2008 Ultra Classic Harley Davidson, loaded, adjustable drivers back rest, ABS brakes, Harley security system, complete stage 1 V&H true dual exhaust, HD taller windshiel, HD chrome luggage rack, shorter dual antennas, 2 HD helmets w/HD intercom, all original equipment, HD extended arranty, 1,800 miles, \$21,000, 846-2873.

1975 Glastron 15' fiberglass boat, 70 hp Johnson, bass seats, \$1,500, 232-8665.

1986 Malard travel trailer, sleeps 6, clean, new refrigerator & tag, 2 jacks, good tires, GC, \$4,900, 342-2429.

2003 Honda CRX 150 dirt bike, very clean, \$1,400, 697-6112.

Baja cycle, \$100, 437-3471.

Services

Professional carpet cleaning w/33 yrs. experience, free estimates, 283-2777.

Brush hog, dump truck, Ditch Witch, & other tractor work, 639-6823.

Custom embroidery, reasonable rates, 846-2873.

Handyman to do plumbing, electrical & carpentry, 695-4274.

Brick, rock work, new or repair, mailboxes, settling cracks, flowerbeds, 35 yrs. experience, 282-9927.

Home repair, remodel, add-ons & decks, includes daily clean-up, references available, reasonable rates, free quotes, 20+ yrs. experience, 396-7437.

Diesel & equipment repair, trucks, tractors, hydraulics, brakes, etc., Visa & MC accepted, 706-1925.

Brick mason, repair work, chimney sweep & repair, mailboxes, all repairs, reasonable rates, 697-6112.

Alternative health care & massage therapy, www.ClayNaturalHealth.com, 841-6066.

Will haul off junk, tractors, cars, mowers for free, 536-4215.

Lawn mowing, brush hogging, reasonable rates, free estimates, 408-5040.

Dependable caregiver, 11 yrs. experience, days, nights, weekends, 467-3471.

Remodel, repair, & G.C., 693-5182.

Affordable life, health & dental insurance, free quotes, www.designcoverage-insurance.com, 371-9292.

Above-ground steel safe rooms, 629-2707.

Tractor work & hauling, w/JD 43 hp tractor & 16' gooseneck dump trailer, all types of debris removal, loader/grapple, box blade, mowing & landscaping, can deliver up to 5 tons of dirt, gravel, etc., www.tractorwork-hauling.com, 342-4088.

Carpet insulation & repair, 40 yrs. experience, vinyl, faux wood, 343-1845.

Brick, rock, patching cracks, mailboxes, flowerbeds, free estimates, clean-ups & haul offs, free estimates, 720-1820.

Professional, personalized dog grooming in your home, 30 yrs. experience, Skiatook, C'ville areas, 381-2113.

Quality concrete construction, 30 yrs. experience, metal bldg. slabs, pole barn floors, driveways, porches, patios & extensions, tear out & replacements of all types, references, 510-8205.

Will move mobile homes and set them up in the Foyil, Claremore & Chelsea areas, 549-8337.

Tractor work, gravel road, brush hog, bucket & box blade, 234-3181.

Mary Kay cosmetics, skin care & glamour products, plus outstanding career opportunity, free delivery, facials & samples, 273-8016, www.marykay/pknotts, call or visit Web site to receive \$5 off first purchase.

RV service & repair, AC, awnings, hot water, plumbing, electrical, etc. roof repair & replacement, mobile services available, www.GreenCountryRVDoctor.com, 704-8329.

Two dependable, caring & experienced caregivers (with 17 yrs. experience) AVX to provide in-home care, CNA, Home Health license & CPR certified, 24 hr. high-quality activities of daily living w/personalized care provided to meet clients' specific needs, 371-4252 to set up appt., & view presentation.

Horseback riding lessons, Western & English, your horse or mine, pleasure riding or show preparation, beginner to advanced, ages 8 to adult, \$30/hr. private, \$25/hr. group, indoor & outdoor riding arenas, 371-7009.

Fairly priced stump grinding, no stump too big, 1 tree or a pasture-full, same or next day service, 694-2297.

Heating & AC sales, repair & installation, commercial & residential, licensed, insured, & bonded, 15 yrs. experience, free estimates on replacements, 637-4222.

Learn to correctly carry concealed guns, 694-2250.

For extra money, visit www.quick-info247.com/106530141EE, 697-5621.

Horse shoeing, 275-4571.

Avon Skin So Soft, Bug Guard & more, order at www.youravon.com/khaselton, shipped directly to you, call 288-2189 for a brochure.

Brush hog, box blade, lawn mowing & welding, 694-0638.

Salesman needed immediately to represent fast growing business, no restricted territory, full training & support, set your own pay & hrs., fun working environment, send resume to topsalemanwanted@gmail.com.

Horse training, trimming & shoeing, colt starting, problem solving, natural horsemanship, harness horse training from small to draft horses, 534-3795.

Brush hogging, finish mowing, 724-1324.

Attic insulation: reduce energy expenses & improve efficiency w/additional blown-in cellulose or fiberglass, free estimates, quality workmanship, tax-deductible, 706-4567.

Vinyl siding, windows, doors, 810-2567.

Wanted

Old costume jewelry, rhinestone & colored glass, 536-4215.

Kelpie stud service, prefer working dog to pet dog, 845-5978.

Camper shell, w/side work doors to fit 1988-1998 Chevy short wide full-size pickup, also aluminum dog box, 336-0949 after 7 p.m.

Old barn lumber, GC, 467-3681.

Junk riding mowers, go-carts, non-working appliances, etc. 255-3223.

Used cart & harness for miniature horses, 283-1233.

Classified Ads

PLEASE NOTE: Deadline for all ads is the 10th of each month. Ads will be accepted in writing only and are a free service to VVEC members only. Send them to the attention of Power Circuit Editor, P. O. Box 219, Collinsville, OK 74021.

Your account number, name, address, and a phone number is required on all ads.

As many ads as space allows will be included in each issue. VVEC reserves the right to delete or shorten items or descriptions.

Reminder

No Classifieds Ads in the October issue of *Power Circuit* because that is our annual report issue.

VVEC offices will be closed Monday, September 7 in recognition of Labor Day.

Please call (918) 371-2584 or 1-800-870-5948 to report an interruption in your electric service.

Local Students Return from Cooperative Sponsored Youth Tour

Elissa Stiles, Collinsville, and Halen Borron, Oologah, enjoyed a fun-filled week of site-seeing in Washington, D.C. as winners of VVEC's annual Youth Tour essay contest.

Stiles is the daughter of Rick and Lisa Stiles, and Borron is the daughter of Reed & Julie Fields.

Youth Tour began with a 'Get Acquainted' banquet in Oklahoma City June 12, the evening before Stiles and Borron, along with 71 other winners from Oklahoma co-ops, departed for the nation's capital.

"The most exciting part of the trip for me was touring the Smithsonian museums, including the National Archives, the Air and Space Museum, and the Museum of American History," says Stiles. She goes on to say, "I loved spending time at Arlington Cemetery and Mount Vernon. Most of all I enjoyed making friends with students from all across Oklahoma and the United States."

"In my opinion, the most exciting part of the trip was visiting the Holocaust Museum and Arlington Cemetery," says Borron.

In addition to seeing all the historical monuments and taking photos of the White House, the group toured the Library of Congress, the U.S. Capitol, the Pentagon, and enjoyed a riverboat cruise on the Potomac River.

The group also hosted a Congressional Summit for the Oklahoma delegation, aides and guests, assisted by Congressman Frank Lucas and staff.

This is the 46th year for Youth Tour which is coordinated by the Oklahoma Association of Electric Cooperatives.



VVEC Youth Tour delegates Elissa Stiles and Halen Borron, (second row, second and fourth from the left) pose with a group of delegates from other Oklahoma electric cooperatives while site-seeing in Washington, D.C.

Two 8th Graders Attend YouthPower Energy Camp



Sydney Hazelrigg (left) and Cassie Ward pause for a photo while enjoying the many activities at YouthPower Energy Camp near Hinton.

Cassie Ward and Sydney Hazelrigg, Owasso, are VVEC's delegates to the YouthPower Energy Camp held each year at Canyon Camp near Hinton.

Ward, daughter of Chris and Melissa Ward, and Hazelrigg, daughter of Kyle and Rhonda Hazelrigg, are among 85 outstanding 8th graders chosen from across Oklahoma to represent their local electric cooperatives to attend the four-day camp.

While at camp, the delegates attend sessions on energy, electrical safety, and

careers in electric cooperatives. They form and operate their own Coke and Candy Cooperative, and elect a manager and board of trustees to manage and oversee the co-op.

Other special activities of the program include hands-on electrical demonstrations, such as pole-climbing and bucket truck rides from linemen, a 13 event low-element ropes course, swimming, an energy battle tournament and a trip to Celebration Station in Oklahoma City for video games and go-carts.

Summer isn't Over Yet

Beat the Heat with these Hot Weather Safety Tips

School may be starting this month, but that doesn't mean the sweltering temperatures of summer are over. We still have another month or longer of summer temperatures so we need to continue taking precautions against heat related incidents. So many simple measures can be taken to significantly reduce the chance of getting heat exhaustion and heat stroke. The Red Cross recommends drinking plenty of water and taking frequent breaks while working outside, along with staying inside and avoiding strenuous activity.

According to the Centers for Disease Control and Prevention, approximately 400 Americans die each year due to summer's sweltering heat. Furthermore, the National Weather Service asserts that excessive heat was the number one weather-related killer, causing more fatalities per year than floods, lightning, tornadoes, hurricanes, winter storms and extreme cold from 1994 to 2003.

Everyone is at risk when temperatures rise above 90 degrees, but the elderly and the very young are most

susceptible to heat and heat-related illnesses. Heat-related illnesses can cause serious injury and even death if unattended. Signs of heat-related illnesses include nausea, dizziness, flushed or pale skin, heavy sweating and headaches. Victims of heat-related illness should be moved to a cool place, given cool water to drink and ice packs or cool wet cloths should be applied to the skin. If a victim refuses water, vomits or loses consciousness, call 9-1-1 or your local emergency number immediately.

Red Cross Heat Safety Tips:

Dress for the heat. Wear lightweight, light-colored clothing. Light colors will reflect away some of the sun's energy. It is also a good idea to wear hats or to use an umbrella.

Drink water. Carry water or juice with you and drink continuously even if you do not feel thirsty. Avoid alcohol and caffeine, which dehydrate the body. Avoid using salt tablets unless directed to do so by a physician.

Eat small meals and eat more often.

Avoid high-protein foods, which increase metabolic heat.

Slow down. Avoid strenuous activity.

If you must do strenuous activity, do it during the coolest part of the day, which is usually in the morning between 4 and 7 a.m.

Stay indoors when possible. If air-conditioning is not available, stay on the lowest floor out of the sunshine. Remember that electric fans do not cool, they simply circulate the air.

Be a good neighbor. During heat waves, check in on elderly residents in your neighborhood and those who do not have air conditioning.

Learn Red Cross first aid and CPR.

